



QUICK *START* GUIDE

PRO 2.0





CARE & USE OF YOUR NEW TENNANT BIOMODULATOR® *PRO 2.0*

***PLEASE KEEP THIS GUIDE HANDY
AND REFER TO IT OFTEN***

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About this Users Guide

- Please read all information in this guide and refer to it often.
- This material is intended to provide you with instructions to get you started using your device immediately. Dr. Tennant's daily protocol is very easy to follow and is the best way for all people to get started using their device.
- Please carefully read the **Contraindications** before using the device on anyone.
- You are encouraged to attend our health conference, as a way to confirm you have all the answers for using your device optimally. You will also gain a much greater understanding of how and why this device helps the body improve at the cellular level.
- You should **NOT** use your device in a professional therapy setting without having an in-depth understanding of proper use and contraindications.
- You should call the Senergy office for support of your device. Support does not include medical advice.

Batteries

- Tennant BioModulator® uses 2 AA alkaline batteries included with the device. It is important to only use new batteries that are the same brand.
- **Do Not mix old and new batteries, as this can cause them to leak. Battery corrosion can destroy your device.**
- When ON/OFF switch is in the ON position, device is still powered on and battery life is being used.
- The device is programmed to go into sleep mode after one hour, to save battery life. To wake it up again push the (+) button.
- Device will signal you that the batteries are running low by a series of consecutive beeps or by switching back to the Assess mode, and low battery message in display. Please change your batteries when you see this message.
- If you replaced the batteries and it is still beeping, go buy a new package of batteries and replace both batteries with new ones.
- **Very Important – Remove the batteries if you are not using your device regularly. When batteries are left in the device for months without use, batteries can leak, and this can destroy your device.**

Statement of User Responsibility

- You have obtained your **Tennant BioModulator® PRO 2.1** either because you are a licensed healthcare professional or because you have a prescription for the device on file with Senergy Medical Group.
- The use and care of the device is solely your responsibility.
- Examples provided by other users are for informational purposes only and are not a substitute for the advice provided by your own physician or any other medical professional.
- Examples are to give you more information to make informed decisions and to **empower you to take charge of your own health.**
- **The power is in your hands. Your health is in your hands.**



Contraindications

- These only pertain to using the Tennant BioModulator® with the electrode directly on the skin. *When we are using the Tennant BioTransducer® none of this is relevant.*
- Do not use with **pacemaker** without permission of cardiologist.
- Avoid direct contact with any implanted electronics in the body.
- Do not use on a **stroke patient** until a possible blood clot has had time to resolve.
- Do not rub device over a vessel that might contain a **blood clot**, e.g., a **tender varicose vein** or the **carotid arteries**.
- Do not use when someone is under the **influence of alcohol or street drugs**.
- Do not use electrode directly on **eyeball**.
- Do not use **during pregnancy** (for liability reasons)
- Do not use on a patient who is very **sensitive to electromagnetic frequencies**, e.g., someone who can't be around a computer.
- Do not use on a patient who **doesn't want you to use it**.

What is an Electrode

- An electrode is something that transmits a current through it, to bring frequencies from the Tennant BioModulator® into the body.
- The metal on the back of the device is an electrode.
- All of the conductive attachments that plug into the device like the foot plates and hand grips, Y electrode, electrode pads that stick on the skin, are all electrodes.
- Electrodes are conductive, this means that you must have skin contact to use them, and you will feel a sensation with that skin contact.
- If you are not feeling any sensation from an electrode attachment that you have plugged into the side port of the device, you may have a bad wire.
- The Tennant BioTransducer® is the **only** attachment that plugs into the Tennant BioModulator® that is NOT an electrode, and so you do not need skin contact and you do not feel any current.

Care of Device

Your Tennant BioModulator®*PRO 2.1* has software and advanced circuitry like a computer, it is important to remember this when handling your device.

- Don't turn on if below freezing.
- Clean electrode only with a 70% isopropyl alcohol .
- Do not leave your device in a hot car in the summertime.
- **Do not try to open your device; doing so will void your warranty.**
- Device can be damaged to the point of non-function if dropped on hard surface. (a protective carrying case is recommended)
- Device WILL be damaged beyond repair if dropped in water or liquids are spilled inside.
- The battery compartment slides off and on the device. Do not force the battery cover.
- Be careful when attachments are plugged into the port. Damage can occur inside the port if there is too much movement at the plug.
- Always unplug wires from the accessory port and store device in protective case.



Electrode corrosion can occur
If not cleaned regularly.



Can I do too much?

- You can use the device for long therapy sessions when you have the need. There may be times when you are in pain from a serious injury, and you need to use it longer to help your body to heal.
- It is important to listen to your body.
- If you feel the current from the electrode is strong, turn it down. It should feel gentle, just a slight vibration.

Turn Tennant BioModulator® *PRO 2.1* On

The **ON-OFF** switch is on the side of the unit. Slide the switch up to turn it on. Slide the switch down to turn it off.



Accessory Port

Accessory port on top right corner of unit.

This port should be used for authorized accessories only!

Do NOT force anything into this port or the warranty may be voided.

Always unplug wire when not in use.



Diagram – Front



Diagram – Back



1. Built-in electrodes on back of unit.
2. Battery connectors: Only use alkaline AA batteries.
3. Serial number
4. Calibration/programming connector – Do not damage or insert anything.

Very important to keep the battery compartment clean and dry.

Mode Selection with Tennant BioModulator® *PRO 2.1*

Navigation Keys

You may use the up or down buttons to scroll thru the modes.

When using the down arrow button, you will find all of the modes in the order as they are listed on the program description sheet.



When you have reached the mode, you want **YOU MUST** select it with the middle button.

Left and Right Arrows

Advanced Function Keys

**These buttons take you to sub-menu options for advanced users.
Ignore these buttons if you are a beginner.**

The left arrow takes you to the Reaction (R) option when you are using one of the following modes;

Assess, Ten-8™, BT frequencies
CH frequencies,
individual frequencies and AVA™ modes.



The right arrow takes you to the option of fine tuning your power settings.

This lets you to increase the power using baby steps.

Tennant BioModulator® PRO 2.1 modes

- On the next few pages is a list of operating modes. The modes are programmed with frequencies as well as patterns in which the frequency is delivered. You will notice that some modes have a wide range of frequencies, and some have just one frequency. When using a mode with just one frequency the intent is to give a focused frequency for shorter therapy like 5-10 min. When using a mode with multiple frequency changes, therapy can go on for many hours if needed.
- Modes which feature Reaction technology are indicated by (R) When you are using one of the modes that have the Reaction you will see a number appear in the center of the display screen. This number is the *voltage reading* and is referred to as the initial reaction.
- Modes that have an * are Dr. Tennant's proprietary frequencies.
- Any mode can be used with any attachment. An attachment is something that is plugged into the side of the Tennant BioModulator® to help facilitate a therapy. Examples of attachments used most are foot plates & hand grips, Y electrode and the Tennant BioTransducer®.

Tennant BioModulator® Pro - Modes

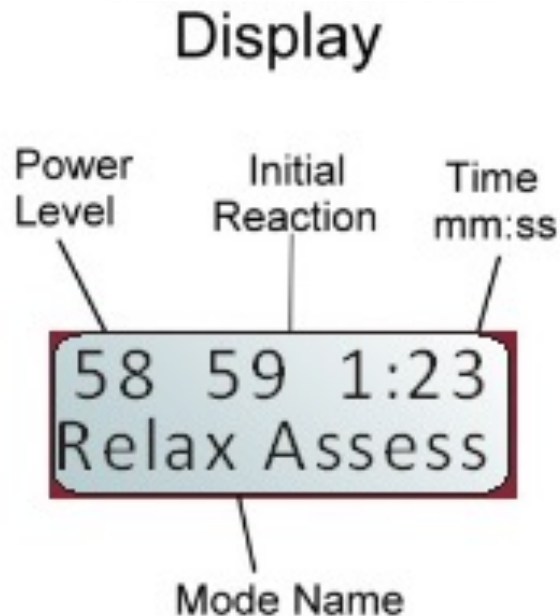
Mode Name / Frequency	Features – Types of things the program can help with
Assess (R) 60 Hz	Measurement – used to measure the BioTerminal points and other areas of the body, gives a (voltage reaction) reading. This is used with the electrode on the back of the device, placed firmly on skin.
Ten-8™ (R) 24 - 30 Hz	Pain & Injuries of Muscle, Tissue, Bone and Inflammation. - Used with BioTransducer® or any electrodes
Infinity™ 29 - 121 Hz	Organs and Overall General Health - *Use this when you don't know what program to use.
Automatic (R) 29 - 121 Hz	Access (Measurement) + 1 Minute Therapy (Infinity Mode) This is helpful when you are measuring yourself and want to see if you can improve low areas with a quick 1-minute therapy of Infinity. Use with electrode on back of device.
SCR 147 (R) 147 Hz	Scars - This program is used to work on scars where energy blockage can be found, for the purpose of good energy flow through scar tissue. Use with BioTransducer® and soreness oil
BioTerminal® Step (BT Step) 8 - 35 Hz	This program will do all the BioTerminal points for 30 seconds each, and repeats. Use with footplates and hand grips Can be used to balance body and emotions.
BioTerminal® Crown (BT-CR) (R) 15.18 Hz	Used to offer more voltage to this BioTerminal Point- Bring it back in balance.
BioTerminal® Head (BT-HD) (R) 13.53 Hz	Used to offer more voltage to this BioTerminal Point- Bring it back in balance.
BioTerminal® Neck (BT-NK) (R) 12.05 Hz	Used to offer more voltage to this BioTerminal Point- Bring it back in balance.
BioTerminal® Chest (BT-CH) (R) 10.74 Hz	Used to offer more voltage to this BioTerminal Point- Bring it back in balance.
BioTerminal® Abdomen(BT-Ab)(R) 10.14 Hz	Used to offer more voltage to this BioTerminal Point- Bring it back in balance.
BioTerminal® Pelvic (BT-PV) (R) 9.01 Hz	Used to offer more voltage to this BioTerminal Point- Bring it back in balance.
BioTerminal® Base (BT-BA) (R) 8.02 Hz	Used to offer more voltage to this BioTerminal Point- Bring it back in balance.
Visual Acuity (VA step) 4 - 1555 Hz and Infinity	Used to help with eye therapies. This program is used with the Transducer placed at the side of temple inline with the eye. <i>See Transducer Instructions for specifics on eye treatments.</i> *This is also a great program to use for all areas of the body.
Tennant Pain Management (TEN PM) 0.5 - 304 Hz	Pain & Injuries of Muscle, Tissue, Bone and Inflammation. Used with BioTransducer® or any electrodes
Solfeggio Musical Notes 174, 285, 396, 417, 528, 639, 741, 852, 963 Hz	This program has the frequencies of musical notes, resonates well with all areas of the body. (is used plugged into footplates and hand grips and with the Transducer) Overall General Health - * This is one of the best programs to choose when you don't know what program to use.
Harmonics (Schumann Waves) 7.83 - 33.8 Hz	Grounding, like walking barefoot. Use for correcting polarity and when you have been around a lot of EMF, computers, Wi-Fi - Used with BioTransducer® for Polarity correction but can also be used for grounding with electrodes.

Mode Name / Frequency		Features
Delta Brain Waves	0.5 - 4.0 Hz	Deepest meditation and deep restorative sleep, Dreamless sleep. Healing and Rejuvenation. Delta waves suspend external awareness (located at back of head) - Occipital Lobe - Use with the BioTransducer®
Theta Brain Waves	3 - 8 Hz	Trance or hypnotic state more susceptible to hypnosis, daydream, twilight state, dream state, REM sleep. Subconscious, creativity and intuition. Improved memory, inspiration and spiritual connection, Improved physical healing, Release of beneficial hormones related to health and longevity. Reduction of mental fatigue, anxiety, and stress. Overall bliss and contentment (located above the ear) Temporal lobe - Use with the BioTransducer®
Alpha Brain Waves	7 - 12 Hz	‘Frequency Bridge’ between our conscious thinking (Beta) and subconscious (Theta) mind. known to help calm you down and promote feelings of deeper relaxation. Positive Thinking, Aid overall mental coordination, calmness, alertness, mind/body integration and learning, deep studying (located at top of the head) – Parietal Lobe – BioTransducer®
Beta Brain Waves	12 - 31.2 Hz	Normal Wakeful State, productivity, concentration, and alertness improved logic, reasoning, and critical thinking (located at front of head-) Frontal Lobe - Use with the BioTransducer®
Gamma Brain Waves	32 - 43 Hz	High Performance, perception is heightened, peak mental state. Improve memory and processing of information from different brain areas. Pass information rapidly and quietly. - Cerebellum - Lower back of the head- <i>Research suggests that people with learning difficulties or impaired mental processing may benefit.</i> - Use with the BioTransducer®
Chakra Step (CH step)	126 - 272 Hz	Cycles between all Chakra frequencies every 30 seconds, and repeats. - Use with the BioTransducer®
Chakra Root (CH Rt) (R)	194 Hz	Treat with BioTransducer® from the back-Located at Base between the legs (Perineum)
Chakra Sacrum (CH Sac) (R)	210 Hz	Treat with BioTransducer® from the back-Located two inches below the navel and center of the pelvis (backside)
Chakra Solar Plexus (CH Solrp) (R)	126 Hz	Treat with BioTransducer® from the back-Located along your spine and above the navel, in the upper abdomen (backside)
Chakra Heart (CH Ht) (R)	136 Hz	Treat with BioTransducer® from the back-Located back center of chest (backside)
Chakra Throat (CH Thr) (R)	141 Hz	Treat with BioTransducer® from the back-Located back of Neck
Chakra 3rd Eye (CH 3rd) (R)	221 Hz	Treat with BioTransducer® from back of head opposite of Forehead
Chakra Crown (CH Crn) (R)	172 Hz	Treat with BioTransducer® –Top of Head
Chakra 8th (CH 8th)(R)	272 Hz	Treat with BioTransducer® from back -Located arms length above your head (above the crown)
Blue Relax(R)	82 Hz	Similar to Assess but provides higher frequency output. Measures the body and gives a reaction reading.
Modulate	139 - 147 Hz	Acute pain and inflammation.
Stimulate	28 - 111 Hz	Scenar (FM/Var) Pain and inflammation- modulates both power output and frequency to reduce accommodation.
Deep Stim	30 - 121 Hz	Scenar (SW/Var) Pain and inflammation- multiple pulses and modulates both power output and frequency.
Blue Stim	22, 163, 22 Hz	Scenar - Pain and inflammation- this mode outputs multiple pulses and modulates frequency.
Acute	121 Hz	Scenar Russian technology – New Injury

Mode Name / Frequency		Features
Power 1	57 - 122 Hz	Toning face (when using on the face keep the power level below 35 and only treat for 1 - 2 minutes on each area, on clean dry skin) – Most people use the Face Electrode for toning the face.
Power Plus	57 - 122 Hz	Toning of muscles (has modulation) Use electrode pads for toning large muscle groups.
Power Advanced	57 - 122 Hz	Toning Body (higher intensity of pulses) When toning the larger muscle groups like the abs the electrode pads work well.
Power Intense	57 - 122 Hz	Toning Abs Muscles, Arms, Thighs (higher intensity of pulses) Use electrode pads for toning large muscle groups.
PG 2500	2300 - 2500 Hz	Highest Hertz- Outer energy field. Use with the BioTransducer®.
HGH	1725, 645, 1342 Hz	Human Growth Hormone - Most people use this with the BioTransducer®.
Repetitive Stimulate (R-Stim)	2500 Hz	Used by Physical Therapists
Fast T (R)	500 Hz	Used by Physical Therapists- Fast Twitch Muscle Fibers
Slow T (R)	250 Hz	Used by Physical Therapists- Slow Twitch Muscle Fibers
Lung (LU) (R)	824 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Pericardium (PC) (R)	530 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Heart (HT) (R)	497 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Small Intestine (SI) (R)	791 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Triple Burner (TE) (R)	732 Hz	Chinese Medicine all the organs; Upper - Heart, Lungs, Pericardium, , Middle -Spleen, Stomach, Gallbladder and Lower -Liver, Kidneys, Urinary Bladder, Small Intestine, Large Intestine and Uterus - . Use BioTransducer® at TB04 is located ‘on transverse crease of dorsum of wrist in depression lateral to tendon of extensor digitorum communis.
Large Intestine (LI) (R)	553 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Spleen (SP) (R)	702 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Liver (LR) (R)	442 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Kidney (KI) (R)	608 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Bladder (BL) (R)	667 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Gallbladder (GB) (R)	583 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Stomach (ST) (R)	471 Hz	Use by Acupuncturist-to treat meridian and to target organ for treatment - Used with BioTransducer® or any electrodes
Advanced Mode (AVA)	0.5 - 1565 Hz	Where you can program additional frequencies to create additional therapy modes.
Memorized Mode (VAZ 4, 3, 2, 1)		Where you save the personalized modes, you created with the AVA program.
Emergency (ER)	24 - 30 Hz	Use in an Emergency for snake and spider bites as taught in the conference. Double select middle button takes you instantly to maximum power. - This is used with the electrode on the back of the device, placed firmly on skin.

Assess Mode

- **Assess** – “voltmeter” Reads the voltage when placed on the skin. This is used to measure specific points on the body. Place the metal contact of the device on the skin to be measured. The voltage measurement is the Initial Reaction.

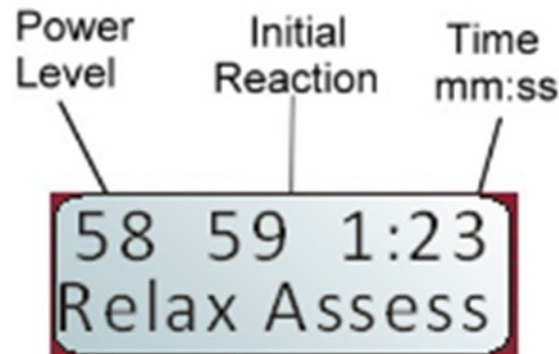


Understanding Voltage Readings

Your Initial Reaction Number

If your initial reaction number is between

- 5 – 14 this is a low range and needs improvement
- 15 – 24 this range is still slightly below normal
- 25 – 34 this is the normal range
- 35 – 49 this is normal range for athletes
- 50 and higher indicates healing or some inflammation



Automatic mode

- This is a two-phase mode: (1) Reads your voltage first and then (2) Infinity™ therapy mode begins automatically and continues for one minute. A series of beeps sound when therapy session ends. It will then take another reading, so you can see if there was any improvement. Either move and treat another location or remain stationary for the next treatment cycle.
- Use Automatic when you want to measure the voltage and immediately treat.
- The goal is to bring up your initial reaction to above 25. This should happen after 2 or 3 minutes.
- If initial reaction is not improved in 2 – 3 minutes put the device in a treatment mode and treat for several minutes.
- **Not intended to be used with the electrode pads.**
- **Not intended to be used for treatment longer than a few minutes because it resets to measure the body every minute.**

Setting Power Level

- Press and hold down the (+) button to increase the power
- You set the power to what feels gentle and comfortable
- A slight tingle should be felt
- It is better to use **too little power** (rather than too much).

The cells will shut down if you use too much power.

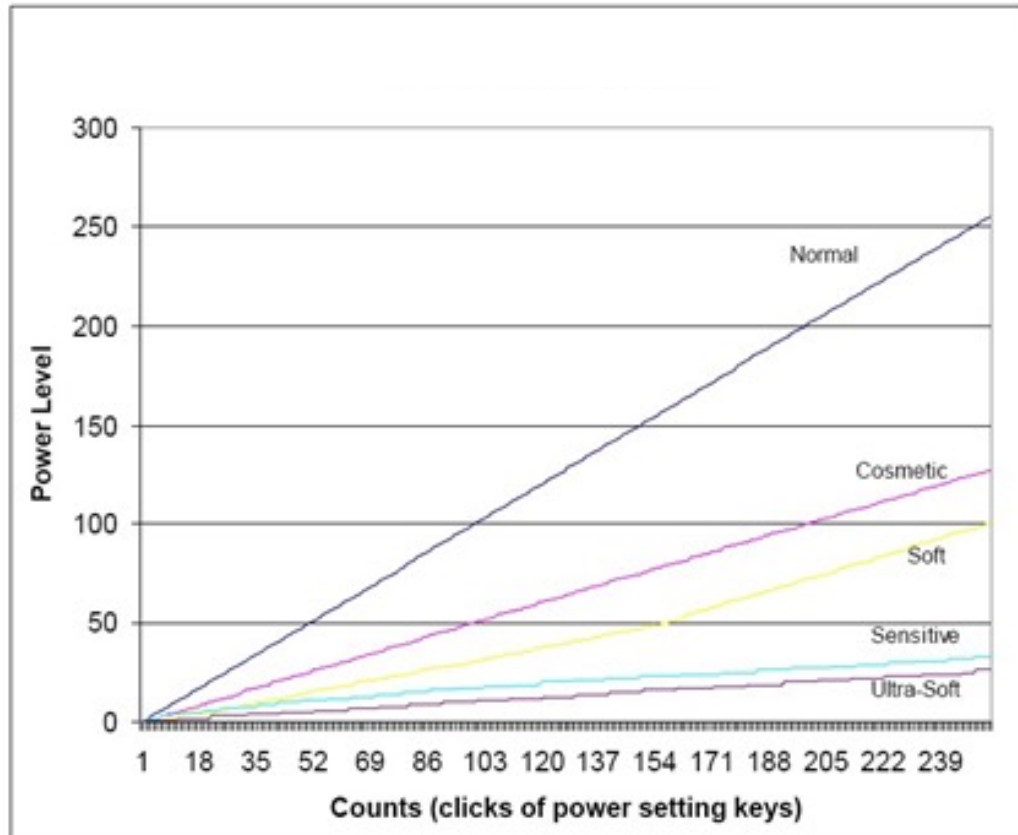
(This is not harmful but it is counterproductive.)

- Let children control the power themselves.
- When in **Ten-8™ mode** **the sensation felt will be consistent in intensity.**
- When in **Infinity™ mode** **the sensation felt starts out low then it increases. It goes from low to high in intensity. (use caution and increase power slowly)**

Fine-Tune Power Setting

- This option is only used when the normal power settings are too high for a very sensitive person. It increases the power using baby steps.
- To fine-tune your power setting you press the right arrow, then the up arrow. Your choices are cosmetic, soft, sensitive and ultra soft. You must select your choice with the middle button.
- Once you make your selection the power level resets back to 1.
- This prevents a person from being startled from a power setting being too high.
- The default power is normal. Every time you turn off your device it will be reset to the normal power setting the next time you turn on your device.
- The next page has a graph to explain the fine-tuning of the power level.

Graph of Power Curve



Reaction Technology D and Z

- The device indicates initial reaction in modes where you see (R)
- The initial reaction is the voltage measurement that was discussed in the Assess mode, it is displayed in the top center of the screen.
- There is also a D and Z that will appear in the bottom corner of the screen.
- The D indicates dynamic change is happening.
- The Z indicates zero change.
- The D and Z are only there to provide you with information. It can be helpful to understand how your treatment is progressing.
- You may see a Z first this indicates there is no dynamic change, and the body needs more treatment.
- Many users will ignore the D and Z when they are doing a treatment for pain or any time, they are following a protocol with a set time.

Coefficients of Ongoing Reaction(X) and Initial Reaction (Y)

This function is for advanced users, and you will need to reference the user manual for additional information.

- Reaction mode displays; Ongoing Reaction, Coefficient of Form, D and Z progress.
- Reaction mode is available for Assess, Blue Relax, Ten-8, BT modes, CH modes, individual modes and AVA™ modes, as indicated with (R)
- To enable the Reaction option, use the < left arrow key.
- To get back out of Reaction use the > right arrow key.
- If $X=Y$, there is no dynamic change, then the body needs more treatment.
- If $X<Y$, indicates that the body may need more treatment.
- If $X>Y$, the body is approaching a normal response to the stimulation.

Selecting A Mode

Navigation Keys

You may use the up or down buttons to scroll thru the modes.

When using the down arrow button, you will find all the modes in the order as they are listed on the program description sheet.



When you have reached the mode, you want you must select it with the middle button.

Put The Device On Your Skin And Press The + Button Until You Feel A Slight Tingle

- Move the device around on your skin to get an understanding of what it feels like.
- It is important to feel comfortable with using your Biomodulator.
- Glide it all over the skin.
- Glide it up and down your arms, legs, torso, hands, feet.



Using your device in this way provides a general benefit.

Do Not Be Overly Concerned About Making Mistakes

- Some users feel initial concern about making mistakes. When you follow the instructions, you need not be concerned.
- The Tennant BioModulator® was designed for general use and does not have to be used precisely.
- Even if you are providing the therapy to a different area than intended, it is not harmful and, in most cases, will still benefit you.
- There are many good ways to accomplish delivery of additional energy – do not be overly concerned about making mistakes.



Everyone starts with the Daily Protocol

- Dr. Tennant has provided this protocol that addresses every area of balancing and charging up the body.
- Do your daily protocol steps in order on a regular basis for all conditions. Then use your Tennant BioTransducer® to focus on your area of concern (organs that need support or pain)

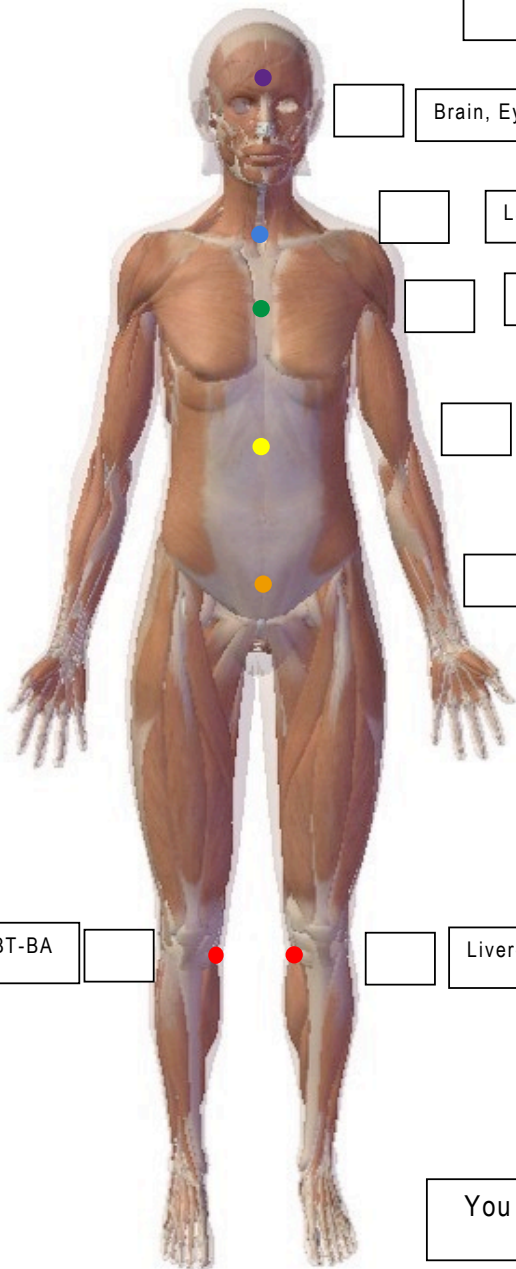
Treat Pain As Long As Needed

- There are many modes to choose for treating pain. **Ten PM** is a great one to choose, it has frequencies **0.5 - 304 Hz** it also delivers patterns of pulses. You can feel the differences of the modes when you apply them directly to the skin with an electrode. *Examples of electrodes are; foot plates and hand grips, the Y electrode, and electrode pads that stick on the skin.*
- You can also use the Tennant BioTransducer® to work on your pain. Many times, the Tennant BioTransducer® may be the best way to treat your pain and deliver the frequencies deeper into the body. For example, a broken bone or an area that is very swollen.
- You should try multiple modes for pain relief and multiple application methods.
- **Ten-8** and **Ten PM** are favorite modes but there are many more like **Modulate, Stimulate, Deep Stim, Blue Stim, Infinity**. All these modes can help with pain.
- After you choose the mode next you decide how you want to apply the therapy.
- You can plug in your Tennant BioTransducer® and simply point the light at the pain.
- You can place electrode pads on areas of pain where you want to have therapy for a longer duration (several hours), and you are able to get therapy on the go.
- The therapy can be applied as long as needed.

Measuring and Treating BioTerminal® Points

- The purpose of measuring the body is to find where the body needs support.
- When you want to take voltage readings, place the electrode on your device on each point shown in the image on the next page. You must have firm contact with skin.
- If initial reaction is below 25 this is an indication of low voltage.
- Skin should be clean and dry, free from makeup or moisturizers.
- Use the **Assess or Automatic modes** to take measurements. *Your voltage measurement is your initial reaction number.*
- To measure and immediately treat use **Automatic mode** and treat until initial reaction is up to 25.
- You can treat all the BioTerminals at the same time by using the foot plates and hand grips to charge up the whole body.
- It is not necessary to take measurements every day.
- Only the first measurement counts. If you are measuring the same spot again and again the measurement will change each time.

Measure Voltage on each BioTerminal Point



Brain, Eyes, Ears- BT-HD

Large Intestine- BT-NK

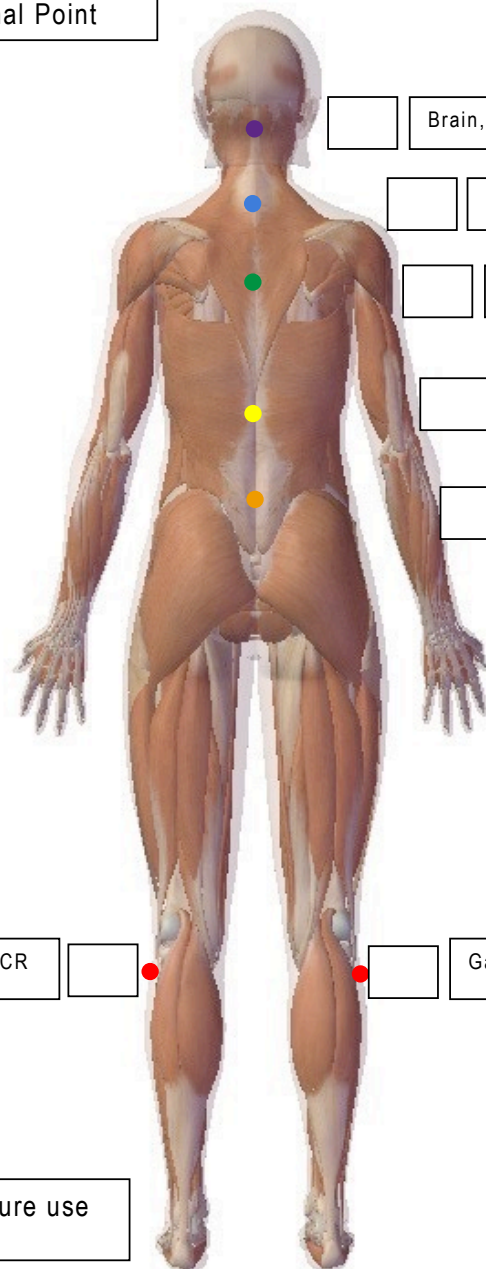
Small Intestine- BT-CH

Stomach- BT-AB

Bladder- BT-PV

Liver- BT-BA

Liver- BT-BA



Brain, Eyes, Ears- BT-HD

Lung- BT-NK

Heart- BT-CH

Spleen- BT-AB

Kidney- BT-PV

Gall Bladder- BT-CR

Gall Bladder- BT-CR

You can make copies of this chart for future use

Avoid Measuring Voltage When

- The skin is hot and sweaty
- The skin is very dry
- You have not had at least 8oz. of water to drink in the last 30 min.

If you take readings under these conditions, they will not be accurate

- **If the skin is too dry the reading will be lower**
- **If the skin is sweaty the reading will be higher**

Only Measure Voltage Once A Day

- When measuring your points, it is important to place the electrode firmly on that point.
- The first reading you get is the one that counts.
- Please note that your voltage can be different from day to day.
- When we exercise our voltage will be higher because our muscles act like rechargeable batteries and store the voltage.
- It is very important to drink at least 8_{oz.} of water 30 minutes before measuring voltage.
- Taking measurements is to help you gather information it is not something that you have to do every day.

Tennant Autonomic Balancing System™

Balancing the Autonomic Nervous System

Fixing Your Bowling Ball

Dr. Tennant teaches the importance of correcting imbalances in the body.

The effects that take place with balancing of the autonomic nervous system are both physically seen and some unseen, but most definitely felt.

This treatment is very important because when your autonomic nervous system is out of balance it affects everything.

This is a key factor in chronic pain and chronic illness.

Examples of physical effects that may be noticed:

- The two sides of the face may look asymmetrical.
- The jaw can move to one side, causing TMJ.
- Sinus and Nasal obstruction which can lead to snoring.
- Vertebrae C1 and C2 move to one side causing headaches and neck aches as well as migraine headaches.
- The spine can curve causing extrusion of disks.
- One shoulder may be higher than the other, making one arm seem short.
- The pelvis can rotate giving low back pain and disk extrusion and possibly making one leg shorter than the other. This places more weight on one hip-knee-ankle making those joints wear out.
- The locking of the cranio-sacral pump causes the entire nervous system to use stagnant cerebrospinal fluid resulting in a general decrease in its function and when restored these things can be corrected.
- It can even help improve blood pressure and eye pressure.
- Chronic headaches may be relieved.

Tennant Autonomic Balancing System™

Balancing the Autonomic Nervous System

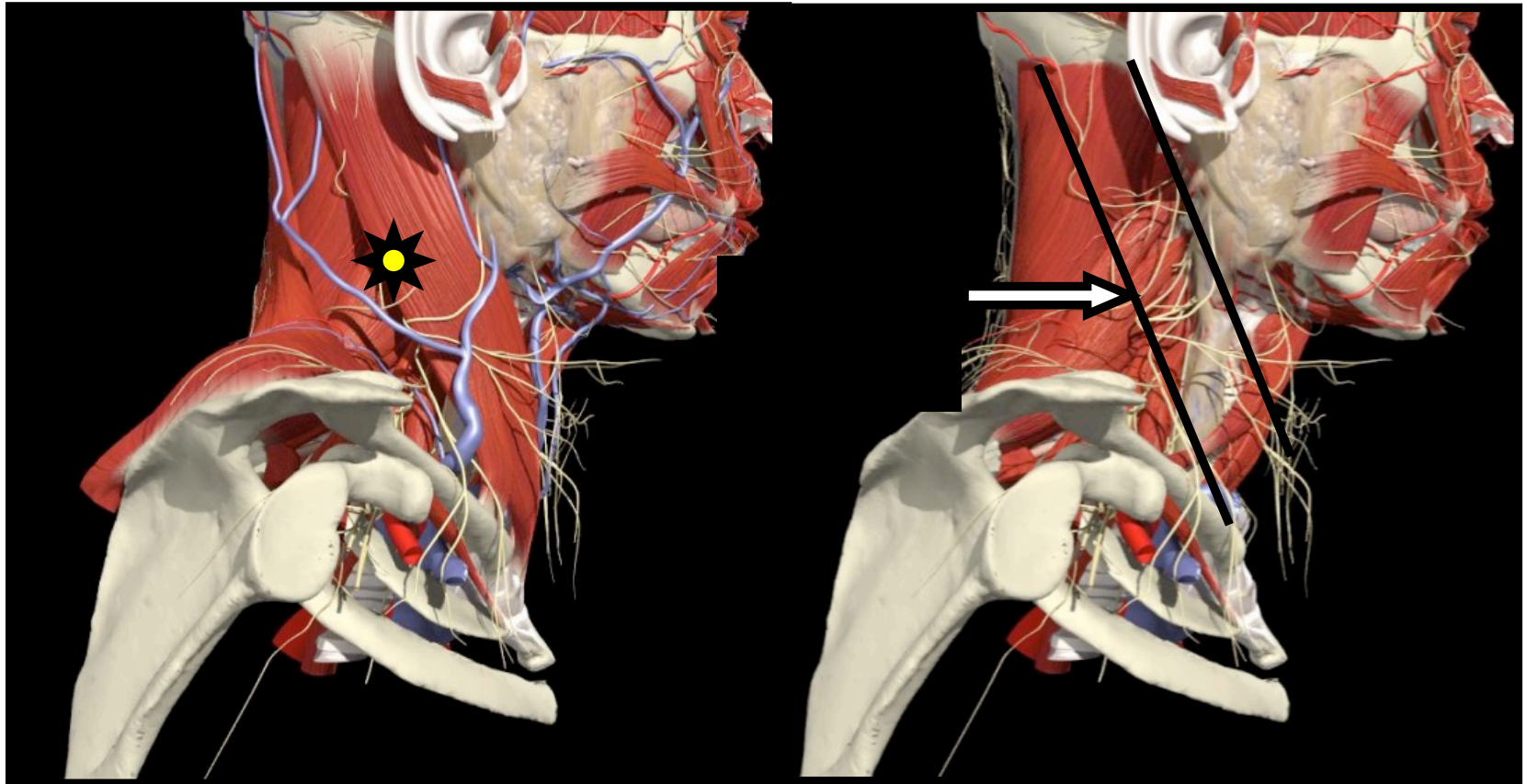
Fixing Your Bowling Ball

This is done by using the Tennant BioModulator® in the Infinity mode.

1. Place the Y electrode on the side of the neck half-way between the shoulder and the ear. (See image on next page.) device should be in **Ten-8™ mode** to set the power at a comfortable level. Switch to the **Infinity™** mode to do the therapy.
2. You will need to push firmly into this muscle, as you are trying to reach the nerve behind the muscle.
3. When you find the right spot you will know, because it feels different. You should feel a tingling sensation along the back of the ear. It may take time to find the right spot so be patient.
4. Hold unit in place for 3 minutes.
5. Repeat treatment on other side of neck.
6. Once both sides are complete, turn head left to right, approximately 10 times each side.
7. Rotate shoulders front and back, approximately 10 times each way.
8. Stand and rotate at the waist, approximately 10 times.
9. Walk around room or area for a short distance.

This Image Shows Where to Place the electrode for Balancing the Autonomic Nervous System

*Tennant Autonomic Balancing System™
Fixing Your Bowling Ball*



Tennant Autonomic Balancing System™

Balancing the Autonomic Nervous System

We want to further explain the bowling ball technique because it is so important. This is a learned technique, and it will take time to get it just right.

Balancing the autonomic nervous system is something that will need to be done every day because it is important to keep the autonomic nervous system in balance.

In the video Dr. Tennant is demonstrating the technique and saying to put the device in the Automatic mode because it will beep after just one minute to let you know that you are finished.

We have found that it is easier for people who are just learning to do this to use the Infinity mode instead. The reason is we don't want you to limit yourself to just one minute. It may take you one minute to find the right spot. When you find the right spot, you will know because it feels differently. You should start to feel the sensation radiating in different areas. It feels very strange, a tingling sensation along the back of the ear. Once you feel this strange sensation you know you are doing it right. Now that you have felt that tingle in the ear keep the Biomodulator in place for at least three minutes. The longer you do this the more relaxed you become.

In the video some have misunderstood and thought that Dr. Tennant is saying that you should not feel anything. That is not correct he is simply saying that the Infinity mode modulates higher in intensity and not to have the power too high. **This technique is the most important thing for you to learn to do correctly and continue to do as you deal with stress every day.**

Activating Primary Power Circuit



Place the Y electrode at the base of the skull. Treat using the Ten-8 mode for 3 minutes

Using Your Tennant BioModulator® *PRO* 2.1 for Extended Time.

- You may want to use your Tennant BioModulator® for an extended amount of time for things like back pain and knee pain.
- The electrode pads are very convenient because they stick to the body and can be worn under clothing.
- The electrode pads can be used as long as is needed. (there is no time limit)
- **When wanting to use your device more than one hour you need to bypass the sleep mode**
- **Bypass Sleep mode** – To temporarily bypass the sleep mode
Before turning on device, you must hold down both (+) and (-) buttons at the same time, then turn on the device while still holding down the (+) and (-) buttons. Count to 3 before you release the (+) and (-) buttons. This bypass of the sleep program is only temporary. When you turn the device off again it will go back to the default programming. (This will bypass the sleep mode & silence the device)
- **Make sure you are not using the Automatic Mode with the electrode pads.**

Optional Attachments

There is an Accessory Port on the right side of the unit.

There are many different attachments that can be plugged into the **Tennant Biomodulator®** that make it much easier to treat specific areas of the body.



•Scalp Electrode

- For use in hair on scalp, chest, etc.
- Can also be used on animals



•Face Electrode

- Necessary for taking readings of voltage on ones, own face or back.
- For general use in small areas



•Pencil Electrode

- For use on acupuncture points



•Y Electrode

- Provides an 11-inch extended reach.
- Useful for practitioners too

Always unplug any attachment when not in use.

Electrode Pads Attached With Wires



The electrode pads, are connected with a wire. The wire splits into two parts one side has a red end and the other side a black end that plugs into these pads. When using the electrode pads you would use 2 pads, or 4 depending on which wire you use. This is a great way to work on pain on the go.



Use this wire to connect 2 pads



Use this wire to connect 4 pads at once

Improve Total Body Voltage

Charge the Muscle Battery Packs

Dr. Tennant teaches how to improve total body voltage by charging the muscle battery packs.

- This is done by using the foot plates and hand grips at the same time. This is recommended for people to do everyday to charge up the whole body. Please charge after you have done the balancing steps of the daily protocol.
- You would use the **Solfeggio** mode for about 30 minutes a day.
- The image on the next page is showing the foot plates and hand grips. These attachments are highly recommended by Dr. Tennant for everyone to use to charge up their body.

Foot Plates and Hand Grips Charge up the Muscle Battery Pack



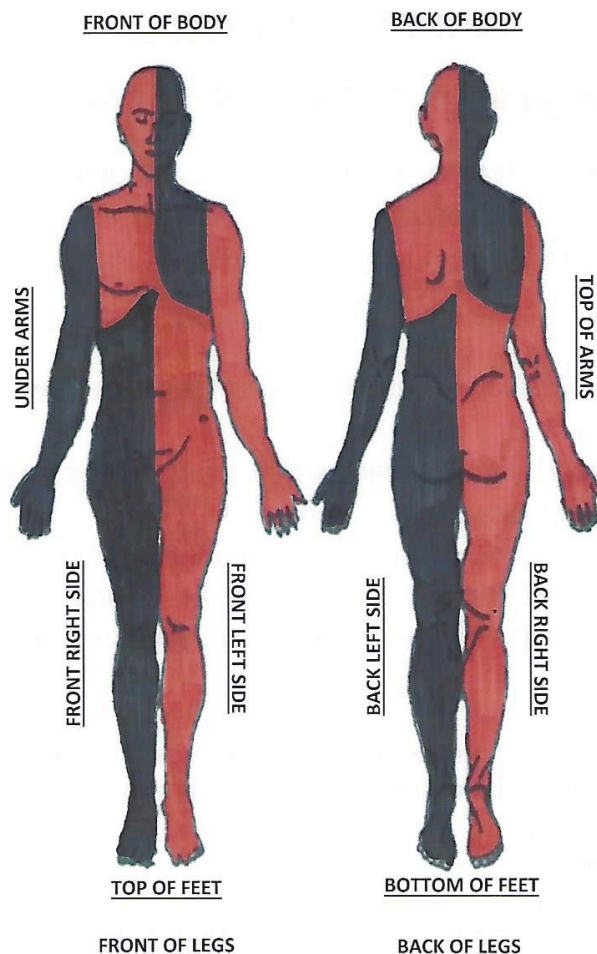
Place Black Lead Wherever You See “Black”

Place Red Lead Wherever You See “Red”

If you are using the foot plates the right foot uses the red plate and left is black and hand grips hold the red in the left hand and the black in the right hand.

POLARITY CHART

- This image is showing where to place the electrode pads to keep optimal voltage flowing, when using pads on different quadrants of the body, arms, legs etc.
- When you have pain put one pad on the painful area connecting the red and black wires by following the image. Put the other pad on the corresponding site.
- The pads can be placed left to right, or front to back.
- Dr. Tennant teaches this placement because of how polarity is in our bodies.



Troubleshooting Voltage Readings

- If you can not get a reading; resolve these issues first
 - Person is *dehydrated* – *drink more water*
 - *Reading takes longer to display (may take up to 10 seconds) when voltage is very low*
 - *At times, the voltage can be too low to be able to get a reading because of a serious condition – start a treatment by using **Ten-8™** and **Infinity™** modes. You will notice when voltage is especially low you will need to increase the power, and as voltage is improved in the area, you will need less power, (you continue to adjust the power as needed to keep it at a comfortable level)*

Simple Daily Treatment

- Drink 8_{oz} of pure alkaline water before doing your protocol.
- Do your daily protocol as outlined in separate handout.
- Balance your autonomic nervous system whenever you feel stressed.
- Now that you have balanced your body and provided a base of energy for your body you can work on any areas of pain or chronic illness.
- An easy way to work on chronic pain or illness is with the Tennant BioTransducer®, simply point the light at any area of concern.
- Please call Senergy to order a Tennant BioTransducer® if you don't have one.

Things to Remember

- **Infinity™ mode** – starts out low and increases in intensity, wait and increase the power slowly and adjust for comfort.
- **Sleep mode** - Device is programmed to go into sleep mode after one hour of use; to wake it up again push the (+) button.
- **Bypass Sleep mode** – To temporarily bypass the sleep mode

Before turning on device, you must hold down both (+) and (-) buttons at the same time, then turn on the device while still holding down the (+) and (-) buttons. Count to 3 before you release the (+) and (-) buttons. This bypass of the sleep program is only temporary. When you turn the device off again it will go back to the default programming. (This will bypass the sleep mode & silence the device)

Register for Dr. Tennant's Integrative Health Conference

- If you are not yet registered to attend a conference, please contact Senergy to do so.
- We value your comments and appreciate your sharing these with us.
- Hope to see you at a conference soon!



Senergy

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Two-Year Limited Manufacturer Warranty

- The warranty begins on the date of purchase and covers manufacturer defects only.
- The warranty becomes invalid upon any of the following:
 - More than two years has passed since the purchase date.
 - The device was damaged or broken due to abuse, misuse or improper use.
 - Dropping it, throwing it, leaving it in extreme heat or cold, etc.
 - Water or chemical damage.
 - Broken seal or case; trying to open device.
 - Shorting of electrodes.
 - Violent vibration.
 - NOTE: violent vibration may damage components and reduce the effectiveness of the device.

FDA Classification

Important Notice

FDA Classification: 882.5890 Neurology transcutaneous electrical nerve stimulator for pain relief

Identification for Use: Symptomatic relief and management of chronic, intractable pain

Adjunctive treatment in the management of post-traumatic surgical and post-traumatic pain

Relaxation training and muscle reeducation

Caution:



Important Notes

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